



Christian Brothers College

Co-Curricular Policy

Co-curricular Activities

General Expectation

A well-rounded education must include the physical development of all students. Our four College values of Faith, Excellence, Community and Compassion underpin our commitment to co-curricular. Therefore, a full involvement in the co-curricular program at Christian Brothers College is vital for all students. General participation in this program is a central element of our education process and not an optional extra. Through our co-curricular programs, students gain the opportunity to:

- Represent CBC with Faith, Excellence, Community and Compassion;
- Learn about team commitment;
- Develop character – learning to win and lose, be humble in victory and gracious in defeat;
- Develop new friendships outside their own group;
- Develop a closer educational relationship between teacher and student;
- Improve skill development in a variety of activities;
- Gain enjoyment from participation; and
- Improve fitness and wellbeing.

Non-participation in the co-curricular program is not an option. Students with medical or physical problems can all contribute to the College such as being the scorer or timekeeper or pursue activities that involve less physicality such as Chess or Debating.

Once a commitment to a sport or activity is made, it must be honoured through the whole season. Summer season being Terms 1 and 4, and winter being Terms 2 and 3. Team nominations require mutual respect for other schools who have nominated in good faith. Therefore opting in and out of a co-curricular activity within a season is not an option. Team members need to feel totally supported by each team member being committed and reliable. **Students who play a sport at club level which is offered by the College, are expected to play that sport for CBC. This may involve more than one sport.**

If a student is chosen to represent the College and cannot attend an event due to a legitimate reason, advance notice of at least 24 hours is required from the parent/guardian so that a replacement and plans can be arranged. (See Illness/Absences section)

The College appreciates that many students undertake part-time jobs, but students must undertake their employment on days when they are not required for a College activity. Saturday work, which precludes participation in a school team, is not acceptable.

It is expected that students are expected to attend all trainings and matches. College trainings and matches take priority over club trainings and matches, including students involved in development squads outside the College.

Students are not able to change from one activity to another without permission of the Co-curricular Coordinator.

Co-curricular Activities

Students who play at State or National level within a sport must play the same sport for the College. However, training and playing commitments may be negotiated with the Co-curricular Coordinator if external demands are causing overload. If the student continues to play for his club, then he must also commit to a negotiated number of school games as decided by the Deputy Principal, Co-curricular Coordinator and parents. It is envisaged that this arrangement will enhance the overall development of the student in the Co-curricular.

Students, staff, volunteers and parents are expected to support the 'Co-curricular Code of Conduct'. Behaviour must always be exemplary and the utmost respect must be demonstrated towards all opponents and officials.

Any issues arising from matches by students, parents or spectators must be directed to the teacher in charge on the day, who in turn will refer the matter to the Co-curricular Coordinator. Parents are not to ring or write letters to other schools. The issue is managed between each school.

Students are expected to exercise responsibility, ensuring that they collect all relevant information for weekend matches at morning co-curricular meetings.

Illness / Absences

If a student is unable to attend training or a match due to illness or any other reason, he is required to follow the procedure below.

- On weekdays, phone the College Reception to notify the College that he will be absent in advance or provide as much notice as possible if the student is ill.
- On match days, phone the Co-curricular Coordinator prior to 7.15am to inform the College of his absence. As a replacement must be organised, it is highly advisable that any absences be declared as early as possible, to allow for back-up plans to be made.
- Notify the coach or teacher in charge of his absence via SEQTA or email.
- Provide a written request to the Co-curricular Coordinator from a parent/guardian detailing the request for any absence.

Effective communication between students and coaches is absolutely essential. Failure to do so will result in consequences being imposed as per the Co-curricular Personal Responsibility Plan.

College Operational Policy

Cricket

- Students may choose to play in the SACA Under 14 or Under 16 district cricket competitions on Saturday afternoons. However, they must play for CBC in the morning. School matches start at 8:15am and finish at 11:30am to allow students time to get to their afternoon matches. No provision will be given to leave matches early for SACA matches except in cases where matches extend past 11:30am. Even then, distance of travel will be taken into account before permission to leave early is granted. In the case of SACA finals, starting at 12:00pm permission will be granted to leave at 11:20am. Students who are eligible for these grades however may be picked for 1st XI Cricket and if so must play for the school if required.
- With reference to SACA cricket, students must be playing A-grade district cricket to be deemed elite and for exemption to be considered.

Soccer

- Boys who are involved in Skilleroos Under 13 or Under 14 Soccer squads are required to play knockout matches for the school when required. An exemption will only be given for Saturday matches.
- All students who are playing League or Reserves are required to play for the College Open Soccer competition which occurs on Wednesday nights.

Football

- Students may not play Under 16 or Under 18 SANFL football for their clubs when required for school matches. Students who are playing league football which is considered elite-level may be exempt. However, they must represent CBC during the Intercol competition.
- Students are responsible for arranging their own transport to and from sporting venues. Please note students must arrive at least 30 minutes prior to a match and be collected within 15 minutes after its conclusion.
- Summer co-curricular activities start in Term 1 and resume at the commencement of Term 4. Winter activities occur during Terms 2 and 3. Students are required to commit to the entire duration of their nominated activity.

Co-curricular Code of Conduct

Players

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any co-curricular activity.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Treat all participants in your co-curricular activity as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your coach, teammates and opponents. Without them, there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.

Parents / Volunteers / Staff

Parents, please remember:

- These are kids.
- This is a game.
- We want your kids to have fun.
- The coaches are volunteers.
- The referees / officials are human.
- This is not a super sport!

Co-curricular Personal Responsibility Plan (PRP)

If the Co-curricular Code of Conduct is deemed broken by a student, then the PRP will come into practice.

Attendance		
Level 1	Level 2	Level 3
<p>Misses one training session/game – Resolve on the spot with coach and note in SEQTA. Coach to work in consultation with SC.</p> <p>Does not notify coach for missing training/game – Resolve on spot with coach and note in SEQTA. Coach to work in consultation with SC.</p>	<p>Misses more than one training session/game – SEQTA message home and resolved by HOH & SC – explain level 3.</p> <p>Does not notify coach for missing training/game – SEQTA message home to parents and resolved by HOH & SC – explain level 3.</p>	<p>Consistently missed training session/game – Phone call home and resolved by DP & SC must attend Monday detention.</p> <p>Consistently does not notify coach for missing training/game – Phone call home and resolved by DP & SC. Consequence to be determined.</p>

Uniform		
Level 1	Level 2	Level 3
<p>Wears incorrect uniform to training session/game – Resolve on the spot with coach - explain level 2 and note in SEQTA. Coach to work in consultation with SC.</p>	<p>Wears incorrect uniform for more than one training session/game – SEQTA message home and resolved by HOH & SC – explain level 3.</p>	<p>Consistently wears incorrect uniform for training session/game – Phone call home and resolved by DP & SC. Consequence to be determined.</p>

Punctuality		
Level 1	Level 2	Level 3
<p>Unacceptable behaviour at training / game – Resolve on spot with coach and note in SEQTA. Coach to work in consultation with SC.</p>	<p>Unacceptable behaviour at training / game – SEQTA message home and resolved by HOH & SC – explain level 3.</p>	<p>Unacceptable behaviour at training / game – Phone call home and resolved by DP & SC. Consequence to be determined.</p> <p>Sent off the field of play – Phone call home and resolved by DP & SC. Consequence to be determined.</p> <p>Sent off and Reported – Panel meeting with DP and SC.</p>

DP Deputy Principal	SC Sport Coordinator	HOH Head of House
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Co-curricular Music Personal Responsibility Plan (PRP)

If the Co-curricular Code of Conduct is deemed broken by a student, then the PRP will come into practice.

Attendance		
Level 1	Level 2	Level 3
<p>Misses one rehearsal without prior notification or late on three occasions – Resolve on the spot with ensemble director and note in SEQTA. Ensemble director to work in consultation with Head of Learning – Performing Arts and parents notified.</p>	<p>Misses more than one rehearsal without prior notification or late on more than three occasions – SEQTA DIREQT message home and resolved by HOH & Head of Learning – Performing Arts – explain level 3.</p>	<p>Consistently missed or late to rehearsals – Phone call home and resolved by DP & SC must attend Monday detention.</p>

Behaviour		
Level 1	Level 2	Level 3
<p>Minor unacceptable behaviour at rehearsals / performances – Resolve on spot with the ensemble director and note in SEQTA. Ensemble director to work in consultation with Head of Learning – Performing Arts and parents notified.</p>	<p>Moderate unacceptable behaviour at rehearsals / performances – SEQTA DIREQT message home and resolved by HOH & Head of Learning – Performing Arts – explain level 3.</p>	<p>Serious or repeated minor/moderate unacceptable behaviour at rehearsals / performances – Phone call home and resolved by DP & Head of Learning – Performing Arts. Consequence to be determined.</p>

Uniform
<p>All Co-Curricular Music students are required to wear the Music Performance Uniform for all performances unless indicated.</p> <p>Music Performance Uniform: Black dress pants, black shirt, black shoes and black socks. Music tie (available from the uniform shop).</p>

Performances
<p>Attendance at all performances is required. In the unforeseen event a student is unable to participate, communication from parents/caregivers is required a minimum of 2 weeks before the performance. If a student fails to attend a performance without notification, they may be disqualified from further participation in the ensemble. If a student is sick and unable to perform they must notify the Head of Learning – Performing Arts as soon as possible.</p>

DP Deputy Principal	HOH Head of House
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Range of Co-curricular Activities

The following co-curricular activities are offered:

Co-curricular	Terms Played			
Swimming	1	2	3	4
Badminton – Senior	1	2	3	4
Basketball – Junior	1	2	3	4
Cricket	1	2	3	4
Rowing	1	2	3	4
Tennis	1	2	3	4
Volleyball – Senior	1	2	3	4
Water Polo	1	2	3	4
Athletics	1	2	3	4
Basketball – Senior	1	2	3	4
Chess	1	2	3	4
Debating	1	2	3	4
Football	1	2	3	4
Hockey – Senior	1	2	3	4
Rugby – Senior	1	2	3	4
Soccer	1	2	3	4
Table Tennis	1	2	3	4
Music Ensembles	1	2	3	4

Sports Association for Adelaide Schools Extreme Weather Policy

Hot Weather

For Saturday Co-curricular:

- If the forecasted temperature on Friday by the Australian Bureau of Meteorology for the forthcoming Saturday is 38°C or over, all Saturday co-curricular activity, with the possible exception of First XI cricket will be cancelled.
- Some morning co-curricular activities which start at 8.15am and conclude at 11.30am before the heat sets in are permissible.
- If the forecast is less than 38°C but conditions are considered extreme, the SAAS Director, in consultation with The Chair of Executive, will inform both Coordinators and Principals of schools by email if co-curricular is to be cancelled.
- This should occur as early as possible on the Friday morning prior to games.

For mid-week co-curricular with the exception of watersports:

- If the temperature forecast by the Australian Bureau of Meteorology for the day is 35°C or over then co-curricular for that day will be cancelled as matches are played in the afternoon in the hottest part of the day.

Wet Weather

In extreme cases where hail and lightning occur, matches will be cancelled on the day.

For cricket matches affected by the possibility of rain, parents are asked to turn up to the ground to establish the position of play for the day. Details with also be provided via Direct Message on SEQTA.

Intercol

The Intercol occurs annually and is an inter-school competition between CBC and Blackfriars Priory School. Matches are played in the following co-curricular activities:

- Basketball
- Chess
- Cricket
- Debating
- Football
- Soccer
- Table Tennis

CBC and Blackfriars Priory School alternate as the host of the Intercol competition each year.

Achilles Cup

CBC competes in the Achilles Cup, a very prestigious event involving all the leading Adelaide private schools. This is held in the last week of Term 3 at the SA Athletics Stadium. The College reserves the right to require students to participate in the annual Achilles Cup.

Other Major Events

- The compulsory R–12 CBC Sports Day
- Junior Campus Cross-Country House event (R–6)
- Junior Campus District Athletics Day
- SAPSASA and SASA Knockout Competitions
- Other events may arise that are deemed in students' interest.