



Co-Curricular

Sport Handbook



CHRISTIAN
BROTHERS
COLLEGE

Christian Brothers College provides a variety of cocurricular offerings for student participation. Involvement in these activities provides a platform for our boys to challenge themselves, whilst building relationships and the opportunity to represent CBC in the wider community.

As a College, we value the role that cocurricular activities play in the lives of students, and aim to foster and promote an environment where excellence isn't constrained to academia alone. CBC offers a wide range of options across three pillars – Sport, Activities and Music

As an important part of their holistic education, all boys from Year 4 are required to participate in at least one activity per year, with the range of offerings below.

Where more than one selection is made and training times clash, compromise can easily be reached by relevant staff.



Family Season	Sports	Activities	Music
Summer (T4-T1)	Badminton Cricket *Rowing Tennis Volleyball Waterpolo JC Basketball	ESport	
Winter (T2-T3)	SC Basketball Cross Country Football Soccer Table Tennis	Chess Debating Robotics	
Whole Year			SC Teams (T4-T3) JC Teams (T1-T4) Concert Bands Choirs Guitar Ensembles Percussion Ensembles Rock Bands Jazz Bands Instrumental and Vocal Lessons
Occasional	Swimming Athletics	Drama Club (T1-2) Astronomy Club Photography Club	

For more information on each pillar, please read the relevant handbooks, and/or contact via the following email addresses:

SPORT sport@cbc.sa.edu.au

MUSIC music@cbc.sa.edu.au

ACTIVITIES activities@cbc.sa.edu.au

Any general enquiries can be sent directly to Alex Khafagi (Director of Co-Curricular and Community Engagement) at akhafagi@cbc.sa.edu.au

Key Contacts

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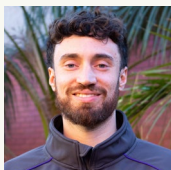
Sport Availability

Sport availability is subject to student selections. Limited student engagement may result in some sports or specific teams/groups in sports being unavailable for the season.



Specialist Coaching at CBC

Basketball



Jason Rinaldi

Jason is well-experienced, with a robust background in both junior development and high-level coaching. Currently serving as the Junior Development Officer at Woodville Warriors, in addition to running his basketball development business, he has a strong focus on player growth and mentorship, highlighting his dedication to fostering players holistically – an integral part of co-curricular sport at CBC. Jason has previously held Assistant Coaching positions with the Southern Tigers at NBL1 level, as well as coaching several junior teams across North Adelaide, Norwood and Woodville Basketball Clubs. Jason brings a wealth of expertise to our Basketball Program and is an integral part of our ongoing development and striving for success.

Football



Aaron Caesarikow

Aaron is a STEM and Physical Education Teacher, as well as an experienced coach, having coached teams in the Amateur and Southern Football League. Aaron has a strong connection with the College, his father and uncle being past students, as well as his grandfather who was an all-Catholic boys Football champion. Aaron is a passionate and knowledgeable coach, who brings with him a clear vision, with an exciting, modern style of football.

Soccer



Marcelo Carrusca

Marcelo came to CBC in 2020, and is currently our Technical Director for Soccer, and First XI Head Coach. Marcelo has an extensive playing and coaching background at the elite level of the game, playing for Turkish giants Galatasaray, and more recently Adelaide United (winning the 2016 A-League Championship), Melbourne City and the Western Sydney Wanderers. Marcelo's role sees him work with students across all year levels in a development role, in addition to his work with the First XI, of which he has been a part of the College's 3 most recent SAAS Division 1 Premierships in 2020, 2023 and 2025.

Cricket



Mark Scott

Appointed in 2019, Mark is one of the world's few, Level 5 cricket coaches. Mark is our current First XI Head Coach and works predominantly with our Senior cricketers in the First XI, but also takes a Development Squad of middle school cricketers each week. Having coached in the UK and Australia, Mark has a wealth of experience – and even worked with the Pakistan Cricket Team on their tour of Australia in 2019. Having played over 100 County cricket games for Worcestershire, he has an extensive playing and coaching background – working with State teams, England U19 teams, and A-grade sides here in South Australia..

Tennis



Nick Corso

Nick, a CBC Old Collegian himself, is our Drive Tennis Coach. Nick has been providing tennis coaching services for more than 10 years and has also held tennis coordinator roles. He currently runs Cross Court Tennis Coaching company, providing coaching and development for players of all ages. Nick's experience and wealth of knowledge will provide terrific opportunities for our students, he is an asset to our Tennis Program.



SUMMER CO-CURRICULAR

TERMS 4&1

Basketball

Age Group			Years 3–6 (All other teams are in Terms 2–3)
Training Time and Location	Years 5–6	Thursday 7.40am–8.30am CBC Senior Campus Gymnasium	
	Years 3–4	Friday 7.40am–8.30am CBC Senior Campus Gymnasium	
Match Time and Location	Years 5–6	Tuesday afternoons at the State Basketball Stadium. Matches commence anytime from 3.30pm until 5.15pm	
	Years 3–4	Monday afternoons at the State Basketball Stadium. Matches commence anytime from 3.30pm until 5.15pm	

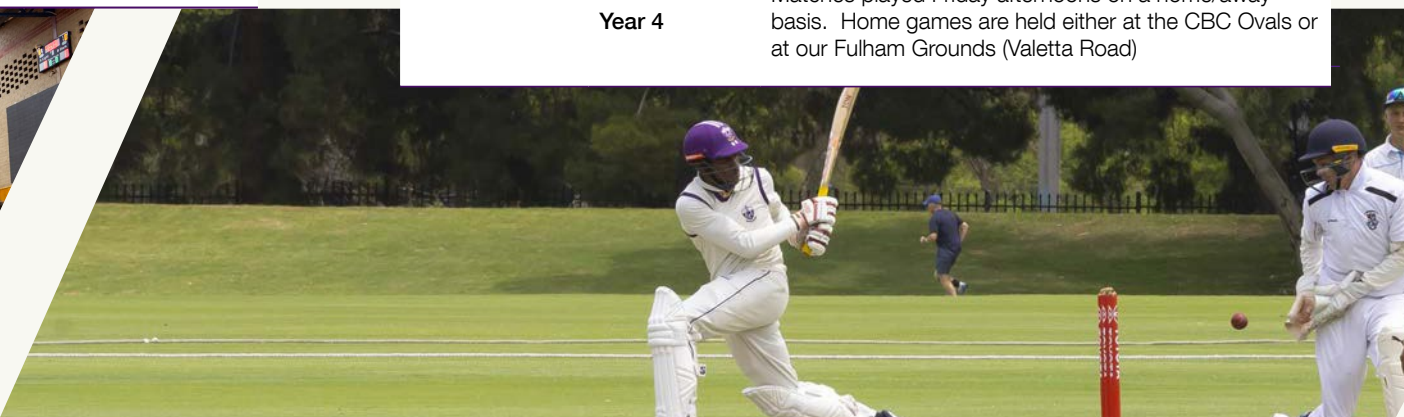
Badminton

Age Group			Years 7–12
Training Time and Location	Open Teams	Monday 3.20pm–4.30pm CBC Senior Campus Gymnasium	
	Middle Teams	Tuesday 3.20pm–4.30pm CBC Senior Campus Gymnasium	
	Year 7	Thursday 3.20 pm – 4.30 pm CBC Senior Campus Gymnasium	
Match Time and Location	Middle & Open Teams	Matches played Saturday Mornings on a home/away basis. Home games are held in the CBC Gymnasium. Matches commence either 8.00am, 9.30am or 11.00am.	



Cricket

Age Group			Years 4–12
Training Time and Location	1st XI	Tuesday & Thursday 3.20pm CBC Turf Nets, Top Oval	
	2nd XI	Thursday 3.20pm CBC turf nets, Top Oval	
	Development Squad	Wednesday 3.30pm–5.00pm CBC Hard-wicket Nets, Top Oval	
	Year 7–9	Tuesday 3.30pm–4.30pm CBC Hard-wicket Nets, Top Oval	
	Year 4–6	Monday 3.30pm–4.30pm CBC Hard-wicket Nets, Top Oval	
Match Time and Location	Kanga	Tuesday 7.30am–8.30am JC Sportsfield	
	1st XI	Matches played on a home/away basis on Friday and Saturday Afternoons, with play commencing at 4.00 pm and 12.00 pm respectively. Home games are held at the Main Oval.	
	Middle & Senior Teams	Matches played Saturday Mornings on a home/away basis. Home games are held either at the Main Oval, Top Oval or our Fulham grounds (Valetta Road). Matches commence at 8.15am and conclude at 11.30am in time for district cricket.	
	Year 5/6	Matches played Saturday Mornings on a home/away basis. Home games are held either at the Main Oval, Top Oval or our Fulham grounds (Valetta Road).	
	Year 4	Matches played Friday afternoons on a home/away basis. Home games are held either at the CBC Ovals or at our Fulham Grounds (Valetta Road)	



Rowing

Age Group	Years 7–12	
Training Time and Location	Senior	4x afternoons per week
	Year 9	3x afternoons per week
	Year 8	3x afternoons per week
	Year 7	1x afternoon per week
Race Times and Location	All Age Groups	Most regattas are held at West Lakes, with occasional regattas at Murray Bridge or on the Torrens. Regattas are held on Saturdays.

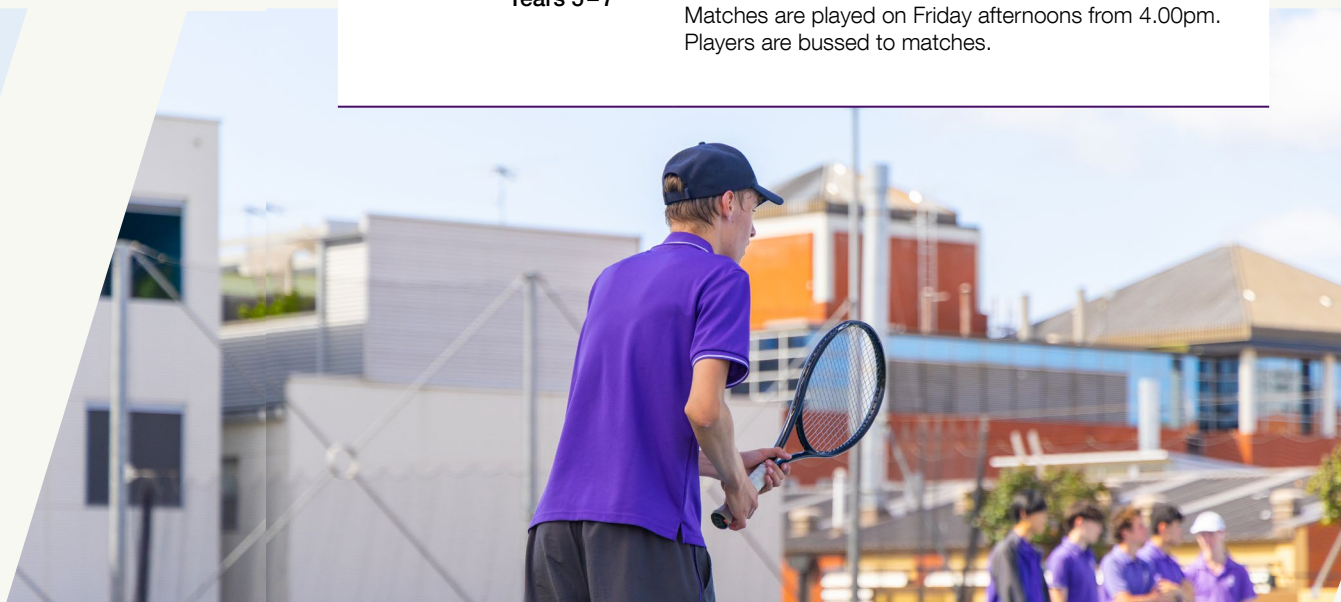
Swimming

Age Group	Years 7–12
Training Time and Location	No Trainings
Meet Time and Location	Meets are held across several other schools on Wednesday afternoons from 4.00pm until 5.00pm.



Tennis

Age Group	Years 3–12	
Training Time and Location	Senior	Wednesday 3.20pm–5.00pm and Friday 7.00am–8.30am Hutt St Courts
	Middle	Monday 3.20pm–4.30pm Hutt St Courts
	Year 7	Thursday 7.30am–8.30pm Hutt St Courts
	Year 5/6	Tuesday 7.30am–8.30am Hutt St Courts
	Year 3/4	Wednesday 7.30am–8.30am Hutt St Courts
Match Time and Location	Years 8–12	All matches are played on a home/away basis. Our home grounds is the Hutt St Courts. Matches are held on Saturday mornings and commence anytime from 8.00am until 10.00am.
	Years 5–7	All matches are played on a home/away basis. Our home grounds is the Hutt St Courts. Matches are played on Friday afternoons from 4.00pm. Players are bussed to matches.



Volleyball

Age Group			Years 7–12
Training Time and Location	Open Teams	Wednesday 3.20pm–5.00pm CBC Senior Campus Gymnasium	
	Middle Teams	Wednesday 3.20pm–5.00pm CBC Senior Campus Gymnasium	
Match Time and Location	All Teams	Matches are held Friday afternoons on a home/away basis. Our home venue is the CBC Gymnasium. Matches commence either 4.15pm or 5.15pm.	

Water Polo

Age Group			Years 7–12
Training Time and Location	All teams	Tuesday 4.00pm - 5.00pm Adelaide Aquatic Centre	
Match Time and Location	All teams	Matches take place on Friday afternoons and are held at several other venues including St Peters College Pool, Pembroke SchoolPool and the Adelaide Aquatic Centre.	



Athletics

Age Group	Years 7–12	
Training Time and Location	All Students	Training Time and Location TBC
Match Time and Location	All Students	Athletes partake in Achilles Cup held in Term 3.

Note: Athletics can only be selected in addition to another co-curricular activity – a selection is merely an expression of interest, the athletics team is selected on skill and ability after trials and training sessions.

Basketball

Age Group	Years 7–12	
Training Time and Location	Open A/B	Monday 3.20pm–5.00pm Thursday 7.00am–8.30am CBC Senior Campus Gymnasium
	Open C/D	Thursday 3.20pm–4.45pm CBC Senior Campus Gymnasium
	Middle A/B/C	Wednesday 3.20pm–4.45pm CBC Senior Campus Gymnasium
	Year 7	Tuesday 3.20pm–4.45pm CBC Senior Campus Gymnasium
Match Time and Location	Open Teams	Matches are played on a home/away basis on Saturday mornings. Our home venue is the CBC Gymnasium. Match times range from 8.30am start, until 11.30am start.
	Middle Teams	Matches are played on a home/away basis on Saturday mornings. Our home venue is the CBC Gymnasium. Match times range from 8.30am start, until 10.30am start.
	Year 7	Matches are played at other school venues on a Friday afternoon. Match times range from 4.00 pm start, until 5.30 pm start.

Cross Country

Age Group	Years 7–12	
Trainings	Open & Middle Runners	Tuesday 7.15am–8.15am Meet at Senior Campus
Match Time and Location	Open & Middle Runners	Meets are held at various locations on Wednesdays after school, commencing at 4.15pm



Football

Age Group	Years 7–12	
Training Time and Location	Seniors	To be Confirmed Main Oval
	Seniors Preseason (Term 1)	To be Confirmed. 6.45am – 8.10am CBC Ovals - Park 15
	Middle Years (Year 7-9)	Tuesday 3.20pm - 5.00pm CBC Ovals
	Junior Years (Reception-Year 6)	Wednesday 3.20pm – 4.30pm CBC Ovals
Match Time and Location	Senior Teams	Senior Matches are held Wednesday afternoons on a home/away basis. Our home venue for these matches is the Main Oval. Matches commence at 3.30pm.
	Middle Teams	All middle school matches are held Saturday Mornings on a home/away basis. Our home venues for these Matches are the Main Oval and Top Oval. Matches commence at either 8.45am or 10.30am.
	Year 4/5/6	Year 4/5 and 5/6 matches are played Saturday Mornings on a home/away basis. Our home venue for these matches is the Top Oval. Matches are played across the morning and commence anywhere from 8.30am until 10.30am.
	Year 2/3	Year 2/3 matches are played Saturday Mornings at Pembroke - Park 17. Matches are played across the morning and commence anywhere from 8.00am until 10.30am.

Soccer

Age Group	Years 4–12	
Training Time and Location	1st XI / 2nd XI / 3rd XI	Tuesday 7.15am – 8.15am CBC Rooftop Sportsfield
	Other Year 10–12 Teams	Monday 3.20pm–4.30pm CBC Rooftop Sportsfield
	Middle A/B	Wednesday 7.15am–8.15am CBC Rooftop Sportsfield
	Middle C/D	Wednesday 7.15am–8.15am CBC Rooftop Sportsfield
	Year 7	Friday 7.15am–8.15am CBC Rooftop Sportsfield
	Year 6	Thursday 3.20pm–4.30pm CBC Rooftop Sportsfield
	Year 4/5	Thursday 3.20pm–4.30pm CBC Rooftop Sportsfield
Match Time and Location	1st XI & 2nd XI	Matches are played Wednesday evening at various grounds in the SAAS First XI Competition - matches commence at 4.00pm
	Senior Teams	Our other senior teams play Saturday on a home and away basis. Our home pitches are ACFC Juniors, Unley Rd. Matches are played either 8.15am or 9.45am.
	Middle Teams	Matches are played Saturday morning on a home/away basis. Our home pitches are ACFC Juniors, Unley Rd. Matches are played either 8.15am or 9.45am.
	Junior Teams	Year 4 teams play Friday evening matches on a home/away basis, commencing at 4.00pm. Our home pitches are ACFC Juniors, Unley Road. Year 5/6 soccer is played Saturday mornings on a home/away basis. Our home pitches are ACFC Juniors, Unley Road Matches are played at either 8.30am or 9.30am.

Table Tennis

Age Group	Years 7–12	
Training Time and Location	Open Teams	Tuesday 7.30am–8.30am CBC Senior Campus Gymnasium
	Middle Teams	Wednesday 7.30am–8.30am CBC Senior Campus Gymnasium
Match Time and Location	All Teams	All table tennis matches are held Friday after school on a home/away basis. Our home venue is the CBC Gymnasium. Transport will be provided to students at away games.



VENUES

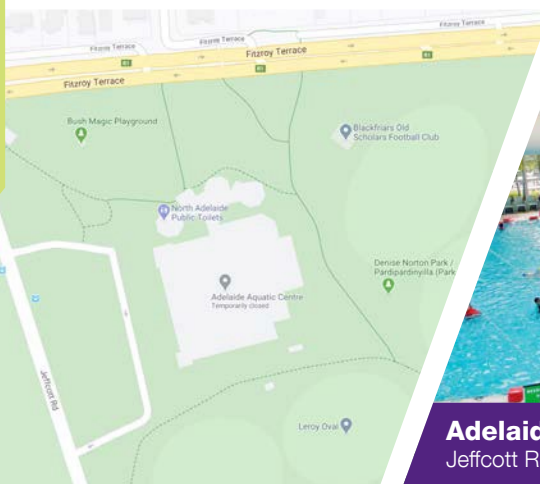




CBC Wakefield Building
214 Wakefield Street, Adelaide



CBC Junior Library
324 Wakefield Street, Adelaide



Adelaide Aquatic Centre
Jeffcott Road, North Adelaide



Collins Reserve
Valetta Road, Kidman Park





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