



Christian Brothers College  
**Tottenham Hotspur  
Football Club**  
Soccer Program





## Christian Brothers College Tottenham Hotspur Football Club Soccer Program

Founded in 1878, Christian Brothers College (CBC) holds a rich history in educating boys and is one of South Australia's leading soccer schools. CBC understands the boys' passion for soccer transcends just playing the game. Soccer shapes their career aspirations, engagement with the community and mental and physical health. As a College vested in catering for the needs of all our students, it makes sense that we recognise this passion and aspiration and provide the opportunities that empower them to achieve their best.

Our commitment to providing a well-rounded education is further enhanced by our partnership with Tottenham Hotspur Football Club (THFC), one of the most renowned soccer clubs in the world. We recognise that the THFC values of *Individual Brilliance*, *Collective Strength* and being *Mutually Respectful* align with our College Values. THFC and CBC are renowned for their strong association with their community and the development of young people.

As the only South Australian school with exclusive rights to this partnership, our students have the incredible opportunity to experience a specialised Soccer program which is embedded into our Curriculum. This is enabled by a specialist teacher under the guidance of expert coaches from the Club's Global Football Development team and the Marcelo Carrusca Soccer Academy.



# More than a Partnership

## Soccer and Tottenham Hotspur at Christian Brothers College



Our Soccer Program combines the expertise of THFC with our passionate coaches and staff. Together, we aim to provide a comprehensive and enriching experience for students of all skill levels through three domains: Co-curricular, Curriculum and our partnership with THFC.

By incorporating these three domains, we aim to provide our boys with well-rounded development opportunities that foster their skills, knowledge, and passion for the game.



### CBC Co-curricular

As part of the Co-curricular component, students will develop their technical abilities and enhance teamwork skills by representing the College outside of regular school hours. They do this under the leadership of former Adelaide United player Marcelo Carrusca (CBC Technical Director and 1st XI Coach) and a specialist International Development Coach from England who will be at CBC for 12 weeks annually.

### CBC Curriculum

For students selecting soccer as a subject, their Physical Education line will connect classroom learning to the world of soccer while drawing on the philosophies and values of THFC. Refer to page 8 for further information.

### Tottenham Hotspur Football Club

Through our partnership with THFC, students will have the unique opportunity to connect with one of England's most respected soccer clubs. Locally, a International Development Coach will deliver programs structured to mirror the training cycles given to Academy players in England for 12 weeks annually. Internationally, selected soccer students can travel to London, having selective access to Tottenham Hotspur's worldleading Training Centre; home to their 1st team and Academy.



# A High Performance Pathway



## Soccer in the Middle School

The Middle School Soccer Curriculum (Years 7 to 9) develops individual skills through smallsided games, enhancing fitness levels and exploring full-game principles. The theory components cover sports injury management and research tasks.

## Soccer in the Senior School

The Senior School Curriculum (Years 10 to 12) focuses on refining individual techniques, tactical development and incorporating sport-specific technology. Students will attract SACE points and coaching accreditations while working within the local community by visiting primary schools to run clinics.

## Level Up

In Years 11 and 12, soccer in the curriculum will complement the completion of SACE while preparing them for the workforce. Completion requires students to engage in a series of activities, programs and courses in and outside regular school hours.

### Stage 1 (Year 11)

Students will focus on communal aspects of soccer and begin to learn the complex sports sciences influencing player fitness, recovery, and injury management.

### Stage 2 (Year 12)

Students will complete soccer under the SACE subject of Workplace Practices. The program recognises students as high performing and will involve the investigations of soccer as a legitimate career pathway.

**Middle School**  
(Years 7 – 9)

**Senior School**  
(Year 10)

**Senior School**  
**Stage 1 and 2**  
(Years 11 and 12)

Specialist CBC Coaches in Middle School

Specialist CBC Coaches + Training with THFC Specialist Coach for 12 weeks annually

Opportunity to travel to THFC in England\*

## Co-Curricular Component

The program extends beyond traditional classroom instruction, encompassing a variety of co-curricular activities. Students are afforded the opportunity to engage in diverse events and competitions that foster teamwork, leadership, and invaluable lifelong skills. These include participation in:

- Weekly SAAS Competitions
- SAAS Knockout Competitions
- The Edmund Rice Australia (EREA) Football Championship
- An Independent School Cup
- The Tottenham Hotspur Training Experience Tour

\* Selected soccer students can apply to join an overseas trip to visit the Tottenham Hotspur Training Centre in England for an exclusive training experience. Parents/carers will be required to cover the costs for their son if they wish to participate.

**Refer to page 8 for further information about each level of development**

# Benefits of a Soccer-Specific Program



The CBC Soccer Program in collaboration with Tottenham Hotspur Football Club offers our student-athletes access to premier coaching, advanced training methods, and exposure to professional standards. The skills developed through this program will greatly benefit those aspiring to advance further in their soccer career.

## Key Areas of Study

Students will have the opportunity to engage in a comprehensive learning experience across various focal areas within the academic and practical curriculum of the Soccer subject. These include, but are not limited to:

- Principles of Soccer
- Health and Wellbeing
- Nutrition
- Game and Individual Analysis
- Injury Prevention
- Fitness and Conditioning
- Coaching and Officiating
- Playing
- Biomechanical Analysis
- Sports Psychology
- Event Management

## Main Benefits of the CBC Soccer-Specific Subject/Program

**Comprehensive Soccer Knowledge:** The program equips students with an in-depth understanding of soccer theory, tactics, physical training, and mental skills, providing a strong foundation for a soccer career.

**Skill Development:** Students receive extensive practical training to improve their technical abilities, position-specific skills, and overall performance on the pitch.

**Personal and Character Development:** The program emphasises teamwork, leadership, discipline, and resilience, helping students develop important life skills that extend beyond soccer – these link with our founder Edmund Rice and the school values.

**Career Opportunities:** Graduates of soccer-specific education programs have a competitive edge in pursuing careers as professional soccer players, coaches, sports analysts, sports scientists, sports administrators or other roles within the soccer industry.

**Networking and Exposure:** Students get the opportunity to connect with industry professionals, coaches, and fellow aspiring soccer players, expanding their network and potential opportunities.

**Coaching and Officiating Qualifications:** Students who successfully complete the soccer-specific program have the opportunity to receive formal recognition through a qualification jointly awarded by Football Australia and the Australian Sports Commission.

**SACE Subject Credits:** The program is an academic subject that offers enrolled students the opportunity to earn credits toward their SACE.





# Levels of Development

## Connecting with Tottenham Hotspur Football Club

Our program offers selected soccer students the unique opportunity to travel to the home of THFC in England, where they can develop their skills and connect with members of one of England's most esteemed soccer teams in an exclusive training experience. Whilst parents/ carers are required to cover the cost of this trip, this will be a great opportunity for exceptional individuals to engage at an elite-level and to explore potential career opportunities facilitated by their connections with THFC.

### Stage 2 (Year 12)

At Stage 2 (Year 12) level, students further their learning in Stage 1 and are involved in:

- Soccer/futsal practical (development and application of practical skills)
- Community refereeing (linked to Level 3 Referee Certificate)
- Intra-school coaching (Coaching Junior School students as part of their transition to high school)
- Intra-school soccer tournament (organise and execute a Junior wellbeing soccer tournament as part of the Year 6 transition to Senior School)
- Fitness self-development program aimed at improving an aspect of fitness relevant to a professional soccer player over a 4–6 week cycle.

### Stage 1 (Year 11)

At Stage 1 (Year 11) level, students are involved in:

- Coaching Junior School students
- FSA grassroots, skills training, and game training coaching certifications
- Principles of play (defensive/offensive/ transition moments)
- Tactical development and analysis
- Using Sport specific technology (Game tracka GPS/HR monitors) and energy systems.
- Refine individual technique
- Theory Component: Core skills analysis, energy systems (related to soccer)
- FSA Level 4 and Rules of the Game certificate
- Organise and run (futsal or 5-a-side carnival)
- Theory Component: Coach development task

## Middle School (Years 7–9) and Senior School (Year 10)

Students in Years 7–10 develop the fundamentals of Soccer. The participate in:

- Small-sided games and individual skills (ie: running with the ball, striking the ball, first touch and 1v1)
- Fitness Testing (What's your level of fitness, what fitness components are important to a soccer player)
- Full game principles (Tactics, formation, attacking and defensive principles of play, basic rules)
- Play an 11-a-side match versus another Year 9 PE class
- SEPEP: In-class 5-a-side futsal carnival. Students referee, coach, score, and write reviews
- Theory Component: Basic sports injury management, research task on the Asian Champions League team





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**An R-Year 12 Catholic College for Boys in the Edmund Rice Tradition**

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