Co-Curricular Policy

I have gone through the glorious contest;
I have run the race, I have guarded the faith.

(2 Timothy 4:7)

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Christian Brothers College is a member of SAAS and therefore abides to it’s expectations, constitutions and rulings as contained in this document.

Co-Curricular Coordinator: Mr Michael Buttfield
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Please note that all details about Co-curricular fixtures can be accessed via the College website: www.cbc.sa.edu.au

Faith Excellence Community Compassion
Overview

Co-curricular Activities General Expectation

1. A well-rounded education must include the physical development of all students. Our four college values of Faith, Excellence, Community and Compassion underpin our commitment to co-curricular. Therefore, a full involvement in the co-curricular program at Christian Brothers College is vital for all students. General participation in this program is a central element of our education process and not an optional extra. Through our co-curricular programmes, students gain the opportunity to:
   - Represent CBC with Faith, Excellence, Community and Compassion;
   - Learn about team commitment;
   - Develop character - learning to win and lose, be humble in victory and gracious in defeat;
   - Develop new friendships outside their own group;
   - Develop a closer educational relationship between teacher and student;
   - Improve skill development in a variety of activities;
   - Gain enjoyment from participation; and
   - Improve fitness and wellbeing.

2. Non-participation in the co-curricular program is not an option. Students with medical or physical problems can all contribute to the College such as scorer or timekeeper. They can also pursue other less physically strenuous activities such as chess or debating.

3. Once a commitment to a sport or activity is made, it must be honoured throughout the whole season. Summer season being Terms 1 and 4, and winter being Terms 2 and 3. Team nominations require mutual respect for other schools who have nominated in good faith. Therefore opting in and out of a co-curricular activity within a season is not an option. Team members need to feel totally supported by each team member being committed and reliable. Students who play a sport at club level which is offered by the College, are expected to play that sport for CBC. This may involve more than one sport.

4. The College appreciates that many students undertake part-time jobs, but students must undertake their employment on days when they are not required for a College activity, Saturday work, which precludes participation in a school team, is not acceptable.

5. Students may choose to play in the SACA Under 14 or 16 district cricket competitions on Saturday afternoons. However, they must play for CBC in the morning. School matches start at 8:15am and finish at 11:30am to allow students time to get to their afternoon matches. No provision will be given to leave matches early for SACA matches except in cases where matches extend past 11:30am. Even then, distance of travel will be taken into account before permission to leave early is granted. In the case of SACA finals, starting at 12:00pm permission will be granted to leave at 11:20am. Students who are eligible for these grades however may be picked for 1st Eleven cricket and if so must play for the school if required.

6. In relation to primary school sport, students will not be granted permission to play Saturday morning club basketball if they are required for school football, soccer or cricket.

7. A student may wish to do a co-curricular activity that is not offered by the school for one or two terms of the year e.g. sailing, archery, baseball.

8. Boys who are involved in Skilleroos U13 or U14 soccer squads are required to play knockout matches for the school when required. An exemption will only be given for Saturday matches.

9. Students may not play Under 16 or Under 18 SANFL football for their clubs when required for school matches. However students who are playing league football will be exempt. In the opinion of the school, this is deemed to be an elite level and an exemption may be given. However, they still must represent the school at Intercol.

10. With reference to SACA cricket, students must be playing A-grade district cricket to be deemed elite and for exemption to be considered.

11. With regards to Open Soccer this competition is played on Wednesday nights and all students irrespective of playing League or Reserves are required to play for school.

Co-curricular Activities

1. Students who play at State or National level within a sport must play the same sport for the College. However, training and playing commitments may be negotiated with the Co-curricular Co-ordinator if external demands are causing overload. If the student continues to play for his club, then he must also commit to a negotiated number of school games as decided by the Deputy Principal, AP – Wellbeing and Co-curricular Coordinator and parents. It is envisaged that this ‘arrangement’ will enhance the overall development of the student in the Co-curricular.

2. It is expected that students are expected to attend all training and matches. College trainings and matches take priority over club trainings and matches, including students involved in development squads outside the College. Some negotiation may be considered by the Co-curricular Co-ordinator and the teacher in charge of the co-curricular activity if it is believed that the student will further develop their skills by attending these external activities.

3. Students, staff, volunteers and parents are expected to support the ‘Co-curricular Code of Conduct’. Behaviour must always be exemplary and the utmost respect must be demonstrated towards all opponents and officials.

4. Correct College sporting attire must be worn to and from matches. For example, Cricket: purple CBC batting cap or white floppy Gray Nicolls hat. No other hats are allowed.

5. Any issues arising from matches by students, parents or spectators must be directed to the Teacher in Charge on the day, who in turn will refer the matter to the Co-curricular Co-ordinator. Parents are not to ring or write letters to other schools. The issue is managed between each school.

6. Students are expected to exercise responsibility, ensuring that they collect all relevant information for weekend matches at Thursday morning co-curricular meetings. Draws will also be accessible from the College website.

7. Students are expected to produce a parent/guardian written request for any absence/illness from training or matches. It is the responsibility of the student to find and inform the coach or teacher in charge.

College Expectations

Christian Brothers College has a proud sporting tradition and recognises the unique value of sport and co-curricular activities in our society.

Our expectation is that:

1. Co-curricular is an integral part of a balanced curriculum of education at Christian Brothers College, providing a key role in training for life, developing physical skills and discipline in promoting a healthy, positive lifestyle.

2. Co-curricular is an opportunity for the development of positive and rewarding relationships between staff, students and parents.

3. All students are encouraged to participate to their level of ability.

4. Christian Brothers College will provide a variety of co-curricular opportunities to encourage maximum participation and enjoyment.
College Operational Policy

1. Each student must participate to the best of his ability in one or more appropriate co-curricular activity each year.
2. Representing a CBC team must take priority above any club representation. Exemption may be given to students who make 1st grade teams at their respective sport such as league football or A-grade district cricket.
3. Students are responsible for arranging their own transport to and from their sporting venues. Please note students must arrive at least 30 minutes prior to a match and be collected within 15 minutes after its conclusion.
4. Summer activities in Term 1 continue in Term 4, so students are committed to both terms. With respect to winter Terms 2 and 3 apply within the same calendar year.
5. Students must:
   - wear the correct uniform as stated by the school uniform shop;
   - attend set trainings and meetings or notify the correct person if unable to attend;
   - be punctual in attending matches and activities by the set times;
   - abide by the following Player Code of Conduct;
   - accept the Umpire’s decision without question or dissent;
   - accept winning with modesty and losing with grace;
   - refrain from inappropriate language;
   - play fairly with sportsmanship.

Codes Of Conduct

Players

- Play by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any co-curricular activity.
- Work equally hard for yourself and/or your team. Your team’s performance will benefit, so will you.
- Be a good sport. Applaud all good plays whether they are made by your team or the opposition.
- Treat all participants in your co-curricular activity as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your coach, team-mates and opponents. Without them, your child could not participate.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of all participants regardless of their gender, ability, cultural background or religion.
- Sign and abide by the CBC Co-curricular Policy. (See Appendix 1)

Parents / Volunteers / Staff

- Remember that children participate in co-curricular activity for their enjoyment, not yours.
- Focus on the child’s efforts and performance rather than winning or losing.
- Encourage children always to play according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performances and skilful plays by all participants.
- Support all efforts to remove verbal and physical abuse from co-curricular activities.
- Respect officials’ decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
- Ensure students arrive 30 minutes prior the game and are collected within 15 minutes of its conclusion.
- Sign and abide by the CBC Co-curricular Policy. (See Appendix 1)
Range of Co-curricular Activities
The following co-curricular activities are offered:

<table>
<thead>
<tr>
<th>Co-curricular Activities Offered</th>
<th>Terms Played</th>
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<tbody>
<tr>
<td>Swimming</td>
<td>1</td>
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<tr>
<td>Badminton – Senior</td>
<td>1 &amp; 4</td>
</tr>
<tr>
<td>Basketball – Junior</td>
<td>1 &amp; 4</td>
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<tr>
<td>Cricket</td>
<td>1 &amp; 4</td>
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<tr>
<td>Rowing</td>
<td>1 &amp; 4</td>
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<tr>
<td>Tennis</td>
<td>1 &amp; 4</td>
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<tr>
<td>Volleyball – Senior</td>
<td>1 &amp; 4</td>
</tr>
<tr>
<td>Water Polo</td>
<td>1 &amp; 4</td>
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<tr>
<td>Basketball – Senior</td>
<td>2 &amp; 3</td>
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<tr>
<td>Chess</td>
<td>2 &amp; 3</td>
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<tr>
<td>Debating</td>
<td>2 &amp; 3</td>
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<tr>
<td>Football</td>
<td>2 &amp; 3</td>
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<tr>
<td>Hockey – Senior</td>
<td>2 &amp; 3</td>
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<tr>
<td>Rugby – Senior</td>
<td>2 &amp; 3</td>
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<tr>
<td>Soccer</td>
<td>2 &amp; 3</td>
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<tr>
<td>Table Tennis</td>
<td>2 &amp; 3</td>
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<tr>
<td>Athletics</td>
<td>3</td>
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<tr>
<td>Music Ensembles</td>
<td>Full Year</td>
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</tbody>
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Sports Association for Adelaide Schools

Extreme Weather Policy

Hot Weather
For Saturday Co-curricular
If the temperature for the forthcoming Saturday is forecast at 38°C in the Friday Advertiser, all Saturday co-curricular activity, with the possible exception of First Eleven cricket will be cancelled.

The reason co-curricular activity is allowed to be played in the morning is that co-curricular starts at 8:15am and finishes at 11:30am before the heat sets in.

If the forecast is less than 38°C but conditions are considered extreme, the ISSA Sporting Administrator, in consultation with The Chair of Executive, will inform both Coordinators and Principals of schools by email if co-curricular is to be cancelled.

This should occur as early as possible on the Friday morning prior to games.

For mid-week co-curricular with the exception of watersports
If The Advertiser weather forecast for the day is 35°C then co-curricular for that day will be cancelled as matches are played in the afternoon in the hottest part of the day.

Wet Weather
In extreme cases where hail and lightning occur, matches will be cancelled on the day.

With reference to cricket and rain, parents are asked to turn up to the ground to establish the position of play for the day, or phone the coach prior to leaving. Communication must be made by parents on the day.

Intercol
CBC play Blackfriars for the Intercol Cup each year in week 5 of Term 3. Matches are played in the following co-curricular activities:

- Football
- Basketball
- Debating
- Cricket
- Soccer
- Table Tennis
- Hockey

Matches are rotated each year between Blackfriars and CBC.

Achilles Cup
CBC competes in the Achilles Cup, a very prestigious event involving all the leading Adelaide private schools. This is held in the last week of Term 3 at Santos Stadium. The College reserves the right to require students to participate in the annual Achilles Cup.

Other Major Events
1. CBC has a compulsory R–12 Sports Day held at Santos Stadium
2. House Cross-Country event R–7 Junior School
3. District Athletics Day Junior School
4. SAPSASA and SASA Knockout Competitions
5. Independent Primary Schools Golf Day
6. Other events that arise that are deemed in students’ interest.

Match Officials and Coaching
Parental help is required to assist with timekeeping, goal umpiring, boundary umpiring and team manager roles during the season. Please do not hesitate to volunteer for these roles during the season. It may be helpful if people rotate this so as not to burden the same few all the time.

Experienced coaches are often sought and if you fall into this category the school wishes to hear from you if you have time available.

Volunteers must submit to a routine police check, which includes an Archdiocese Police Clearance. This is now law in South Australia. Volunteer coaches are not eligible for remuneration of costs associated with coaching.